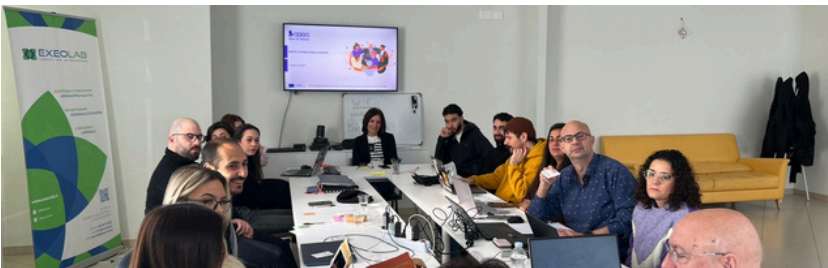


Third newsletter

April 2025

LTTA @ POTENZA, ITALY



The LTTA of the SOOS project took place from the 14th of January to the 16th of January 2025 in Potenza, Italy. Each partner brought along two young people who participated in the training and shared their feedback on the guidebook developed.

During the training we discussed and explored the Guidebook; Domestic Violence (DV) explained to youth, Communication and assertiveness, Problem solving techniques, Building healthy relationship (empathy), Effective listening and Self-care.

Additionally, we discussed with experts from the association "Consultorio Familiare Diocesano".

Guidebook

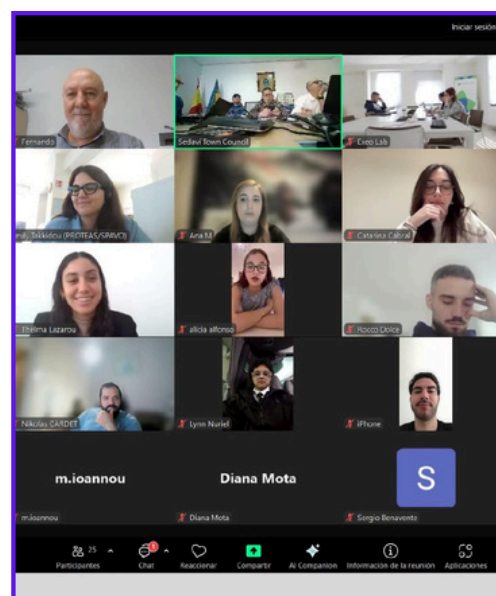
Skills-Based Guidebook developed for young people to give them the necessary skills and resources to help cope with the impact of Domestic Violence (DV). This guidebook can also provide young people with advice and strategies on how to prevent and intervene in DV situations.

Peer-to-Peer Volunteering Program



The essence of the voluntary P2P model lies in its emphasis on mutual support and shared leadership. By connecting volunteers with peers who share similar interests and passions, the program not only enhances the volunteer experience but also amplifies the impact of their collective efforts. The program aims to promote community engagement, foster collaboration and support, empower volunteers, address specific social issues, build sustainable relationships, and facilitate knowledge sharing and capacity building.

The first online took place on the 4th of April 2025 with participants from the LTTAs of Berlin and Potenza forming the volunteer team.



Next Steps »»»

- Development and Implementation of the SOons Of Silence Peer-to-Peer Volunteering Program,
- Final events in Spain, Italy, Cyprus, Portugal and Germany,
- Final conference in Spain.

For more information visit our website:
soosproject.eu/
 Facebook - @SOOS - Sons of Silence Project
 LinkedIn - @SOOS - Sons of Silence Project

